

5th Annual

BEAT THE BEAST RUN

2K, 5K, 10K FUN RUN/WALK

SATURDAY, SEPTEMBER 9, 2017

Start time: 8:00 AM

Late registration 7:00 AM

Location: Mountain View Elementary School, 119 D St. NW, Quincy, WA 98848

Registration Deadline to receive a t-shirt: Wednesday, August 30.

★ After 8/30/2017 NO GUARANTEES FOR A RUN T-SHIRT. ★

**All distances include a run t-shirt.

**Awards will be presented to all races, ages and genders.

Registration Fees: 2K: \$20 per person
5K & 10K: \$25 per person

Please make checks payable to:
Ben Horning Memorial Foundation

MAIL TO: BHMf 511 I St. SW Quincy, WA 98848

PICK UP/DROP OFF: CLIFTON LARSON ALLEN LLP, 405 Central Ave S. Quincy WA, 98848

EMAIL: beatthebeastrun@gmail.com

Name _____ Age _____ Male / Female (circle one)

Mailing Address _____

City/State _____ Zip _____

Phone Number _____

Email Address _____

| <u>Run Distance</u> | <u>Youth T-shirt Sizes</u> | <u>Adult T-shirt Sizes</u> |
|---------------------------|----------------------------|----------------------------|
| 2K (\$20) | X Small | Small |
| 5K (\$25) | Small | Medium |
| 10K (\$25) | Medium | Large |
| (Please check one) | Large | X Large |
| | X Large | XX Large |
| | (Please check one) | XXX Large |
| | | (Please check one) |

Ben Horning
Beat The Beast Run:



Beat the Beast Run

Please Read Before Signing:

1. Agree that prior to participating, they will inspect the course and facilities, and if they believe anything is unsafe they will immediately advise the fun run/walk committee of such conditions and refuse to participate.
2. Acknowledge and fully understand that each participant will be engaging in activities that involve risk of serious injury, including permanent disability and death, and severe social and economic losses which might result not only from their own action, inactions, or negligence, but the actions, inactions, or negligence of others, including but not limited to falls, contact with other participants, the effects of weather, conditions of the road, or rules of the fun run/walk. Further, that there may be other risks not known to us or not reasonably foreseeable at this time.
3. Agree not to enter this fun run/walk unless we are medically able and properly trained. We agree to abide by any decision of a fun run/walk official relative to our ability to safely compete in the fun run/walk.
4. Assume all the forgoing risks and accept personal responsibility for the damages following such injury, permanent disability, or death.
5. Release, waive, discharge and covenant not to sue the fun run/walk association, its affiliated clubs, their respective administrators, agents, other participants, sponsors, owners and leasees of premises used to conduct the event, all of which are hereinafter referred to as "releasees" and any and all liability to each of the undersigned, his or her heirs and next of kin for any and all claims, demands, losses, or damages on account of injury, including death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the releasee or otherwise. **FOR THOSE WHO ARE 17 YEARS OR YOUNGER:** In addition to all of the above points, agree that the parent(s) or legal guardian(s) will instruct the minor participant that prior to participating he or she will inspect the facilities and the course to be used, and if the participant believe anything is unsafe, he or she should immediately notify the fun run/walk committee of such conditions and refuse to participate.

Participant or Minor's Parent Signature: _____

Date _____